1992-93 Athletics Award Banquet

Saturday, March 27, 1993
at the Outpost

LAKEHEAD UNIVERSITY
NOR'WESTERS

THUNDER STORM

AWARDS PRESENTATION

CLUB SPORTS AWARDS

Soccer - Men's
- Women's

Alpine Skiing

Rugby

Hockey

Crosscountry & Indoor Track & Field

Nordic Skiing

SPECIAL AWARDS

The Argus	Ian Fero
Sportsmedicine Clinic	Diane Deman
Graduating Pins	Dr. J. Crossman
League Awards	Coaches
Business School	Francis Clayton

VARSITY AWARDS

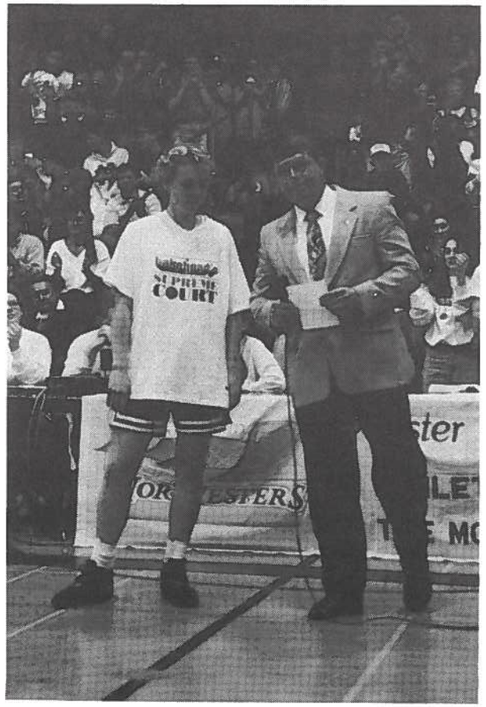
Wrestling	Francis Clayton
Women's Volleyball	Claude Lapré
Men's Basketball	Lou Pero
Women's Basketball	Stu Julius
Freshman Athletes of the Year	Vice-President Academic - Dr. J. Whitfield
	Director of P.E. & Athletics - Dr. N. LaVoie
Athletes of the Year	President - Dr. R. Rosehart
	Director of P.E. & Athletics - Dr. N. LaVoie

The 1992-93 varsity competitive season has come to a conclusion and, upon reflection, the season was a rewarding one for the student-athletes, coaches, and supporters of the Nor'Wester program. The women's volleyball team reached a new plateau by winning their league championship. This set a standard with the three team sports (men's and women's basketball, and women's volleyball) all advancing to the playoffs and the wrestling team qualifying three athletes for the national CIAU final. We were also well represented by our Club Sport programs as they continue to flourish.

A very special thank you is extended to our student booster club, headed up by Greg Beckford. By having exciting teams and a very active student group, fans are jamming the Thunderdome and having a great time. Thanks is also extended to the staff, trainers, and medical support staff for all their efforts, and a big thanks to Bill Keeler.

We are very proud of the coaches and student-athletes at Lakehead University. We are truly grateful for the contributions each of you has made to the success of the athletic program. Your unselfish efforts have made 1992-93 a productive year.

To those of you who will graduate at the end of this school year we extend our best wishes. We hope that whatever field you have chosen that you will continue to lend some time towards further development of sport in Canada.



Dr. Norm LaVoie
Director
School of Physical Education and Athletics

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ONTARIO ALL STARS
BEST IN THE WEST

JENNIE BURGESS

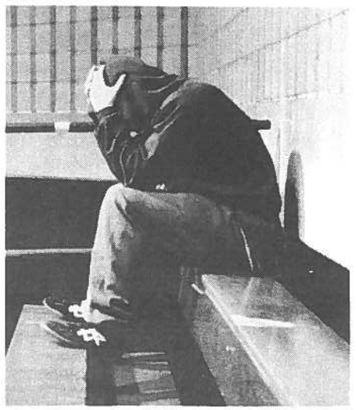
KELLY BREUTIGAN

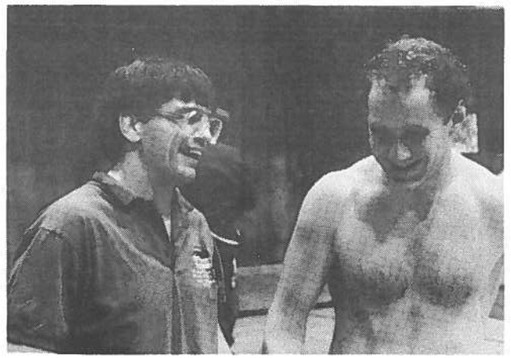
JIM GOWANLOCK
Second Team All Canadian and O.U.A.A. outstanding wrestler

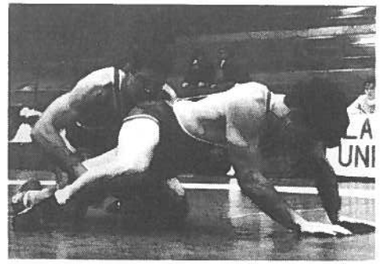
KATHY HARRISON

JO-ANNE HOOD

NOR'WESTERS WRESTLING...







LAKEHEAD WRESTLING REVIEW 1992-1993

The Varsity Wrestling Program finished the year with a 4th place team placing at the O.U.A.A. Championships, and an 8th place finish at the C.I.A.U. Championships.

Many key wrestlers will graduate this season, however, the team is young and should continue to improve. The Lakehead Wrestling Team ended the year with 25 wrestlers. Of these 25 athletes four will be graduating at the end of this school year. Jim Gowanlock, Ed Zinger and Don Sawchuck will be completing their Education Degrees, while Mike Kitchen is finishing his Bachelor of Arts Degree in Sociology. The large numbers has been a factor in many of this year's team's strong performances. Lakehead's first O.U.A.A. Champion, their first O.U.A.A. outstanding Wrestler Award, and their first top ten C.I.A.U. team ranking and individual All - Canadian since the mid 80's

Jim Gowanlock lead the way for the wrestlers, and, has hopefully shown some of the younger athletes that a wrestler from Lakehead can win at both the Provincial and National levels.

Gowanlock won Gold at three tournaments this season, including the O.U.A.A.'s where he was also selected as the Most Outstanding Wrestler in the Conference. Along with his three tournament wins Jim also was selected as a first team O.U.A.A. All-Star and C.I.A.U. Second Team All-Canadian.

The future looks bright for the wrestling program. With Gowanlock, Zinger and Kitchen graduating the door is open for some of the others to take charge and bring the team to yet a higher level of play. Next years group of 3rd and 4th years will be strong. Simon Lampi, Bock Lambert, Wayland Pulkkinen, and Craig Hardy along with Sheldon Muir, Kevin Wallen, John Burke and Lee Pine will provide a good mixture of talent, skill, and character that can bring the team to the next level. That level is one that will see Lakehead wrestlers regularly place in the top 3 at the O.U.A.A. and C.I.A.U wrestling championships.

Big things are expected next year from the returning wrestlers. With another year of experience and some off- season training, together with the athletes previously mentioned wrestlers such as Quinton Maechtel, Troy Hicks, Torben Jense, Ray Gowlett, Dan Chartre, Cam McLeod and James Blair will maintain our depth throughout all the weight divisions.

Many of the L.U. matmen have made at least one trip to the C.I.A.U. National. Lee Pine, Simon Lampi, Craig Hardy, Kevin Wallen and Sheldon Muir have all wrestled at the Nationals. The challenge we will be faced with next year is to get everyone there in the same year.

"Greatness belongs to the precious few who never loss sight of their goal."

WRESTLING RECORD 1992-1993

CIAU TEAM STANDING

1. University of Manitoba
2. McMaster Universtiy
3. Brock University
4. U.W.O.
5. University of Calgary
6. University of Regina
7. University of Alberta
8. **Lakehead University**
9. Guelph University
10. Queens University

OUAA STANDING

1. McMaster
2. Brock
3. U.W.O.
4. **Lakehead**
5. Guelph

Jim Gowanlock was named* **1st Team All Star, *plus the* **OUAA MVP.**
**Both Sheldon Muir and Kevin advance to the CIAU's.*

QUAA TEAM ROSTER

61 kg - Q. Maechtel
65 kg - W. Pulkkinen
68 kg - M. Kitchen
72 kg - K. Wallen
76 kg - J. Burke
82 kg - J. Gowanlock
90 kg - C. McLeod
HWT - L. Pine

** Jim Gowanlock was named 2nd Team All Star, as well as placing 2nd at the National CIAU Finals.*
** Sheldon Muir placed 4th in the 57 kg division, and Kevin Wallen placed 7th in the 72 kg class.*

DUAL MEET RECORD

Nov. 14, **Loss** to Brock

Nov. 14, **Win** over UWO
Nov. 14, **Loss** to Brock
Nov. 27, **Win** over UWO
Jan. 8, **Loss** to McMaster

INDIVIDUAL RESULTS

REGINA OPEN

M. Danialson	3rd
D. Chartres	2nd
W. Pulkkinen	2nd
M. Kitchen	3rd
K. Wallen	3rd
C. McLeod	3rd
L. Pine	2nd

GARVIE MEMORIAL

Q. Maechtel	2rd
D. Chartres	3rd
E. Zinger	2nd
T. Hicks	3rd
M. Kitchen	3rd
K. Wallen	3rd
J. Burke	3rd
Gowanlock*	1st
McLoed	2nd

* Tournament MVP

QUEENS OPEN

K. Wallen	2nd
J. Gowanlock	1st
L. Pine	2nd
M. Kitchen	4th

MANITOBA OPEN

K. Wallen	4th
J. Gowanlock	4th
M. Kitchen	4th

Other Wrestlers that have represented L.U. are, Don Sawchuck, Torben Jensen, James Blair, Ron Wilson, Craig Hardy, Brock Lambert, Simon Lampi, Craig White, Scott Pepper, Ray Gowlett, Maqrk Bottineau, and Callum Thomson.

BEST RECORD:

Jim Gowanlock 19 wins & 2 losses

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MEN'S BASKETBALL

The 1992-93 Lakehead University Nor'Westers completed the season with a 16 win and 17 loss season of which 9 of the losses were to teams that were ranked 6 or better in the country.

In conference play, the Nor'Westers finished in a tie for 5th place with the University of Waterloo with a 6-8 record. In playoff action, Lakehead lost to the defending national champions, the Brock Badgers, 77 to 65. In that game the Nor'Westers were led by Craig Law with 12 and 11 rebounds and Brian Tees with 14 points and 6 rebounds.

The Nor'Westers won the Chequamegon Shootout Tournament hosted by Northland College of Ashland, Wisconsin. In addition, Lakehead defeated the 1992-93 OUAA East Champions, the Ottawa Gee Gees 99 to 77 at the Wesman Classic in Winnipeg, and defeated the 3rd ranked McMaster Marauders and the 4th ranked Brock Badgers in league play.

The 1992-93 season was one of tremendous player and team development for the Nor'Westers.

OUAA WEST/ASUO OUEST (FINAL)	W	L	F	A	PTS
McMaster	12	2	1133	1050	24
Guelph	10	4	1211	1027	20
Brock	9	5	1106	976	18
Western Ontario	8	6	1147	1079	16
Waterloo	6	8	1041	1072	12
Lakehead	6	8	932	1021	12
Windsor	4	10	1056	1166	8
Wilfrid Laurier	1	13	928	1163	2

NOR'WESTER STATS

SCORING

	Total Points	Aver. per Game
Dave Pineau	560	16.97
Peter Brown	443	13.42
Cam Becher	385	11.67
Craig Law	376	11.39

REBOUNDING

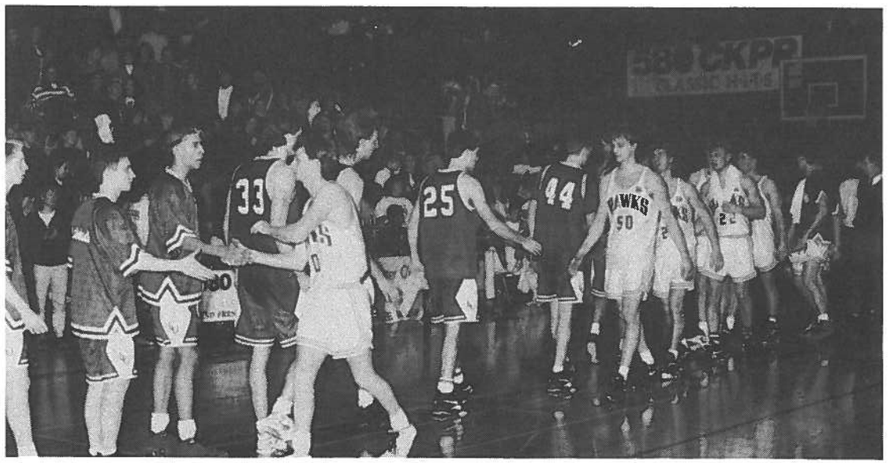
	Total Rebounds	Aver. per Game
Craig Law	246	7.5
Brian Tees	193	5.8
Brian Norland	151	4.6
Cam Becher	150	4.5

FIELD GOAL %

	FGA	FGM	%
Brian Tees	175	92	53.0
Cam Becher	294	143	48.6
Craig Law	360	157	43.6
Dave Pineau	512	223	43.6

FREE THROW %

	FTA	FTM	%
Dave Pineau	102	89	87
Peter Brown	92	75	82
Craig Law	89	62	70



LADY NOR'WESTER BASKETBALL

It's hard to believe that there is only 5 months to training camp. The Lady Nor'Westers finished on a disappointing note losing the bronze medal game to Western, and their chance of a wild card at the National Tournament in Victoria.

However, we did finish tied for first place in the West with a 12-2 record. Overall, we were 27-10 and ranked number five in the country at the end of regular season play.

Going into the Ontario's we had a combination of bad timing with a lot of injuries to key players. Lisa Corsaut had pneumonia, Jennie Burgess had a serious back problem and Pattie Johnston sore feet. Our first game proved to be a squeaker, beating Queen's by one point on the buzzer. Next semi-final action was against Laurentian, who came out strong and finished strong, beating us by over 20. Bronze medal action, after a very poor first half, down by 16, we just couldn't get it back as a result, all hopes of attending the nationals disappeared.

However, the season was very good in the fact that our youg players showed alot of promise. Katie Langdon, who missed the first half of the season due to illness, proved that she will be a player to watch. Dave Anderson also had a solid year. Lisa Chambers imporved her shooting, and should be a scorer next season.

Our vets kathy Harrison and Jennie Burgess were named to the OWIAA West All Star Team. Lisa Corsaut finished second in FG Percent in the NATION! Donna Foreman was named to the All Star Team at the Ontario. These things should give us a boost for next season

Special thanks to my coaching staff of Bob Main and Kelly Fitzgerald, to Cathy McArthy and to Dianne DeMan. Also a special thanks to our great fans who travelled to London for your support there and your support all year.

I would also like to wish Kathy and Jennie all the best as they leave the Blue and White. Without them we would not be as successful as we are. I look forward to next season and the Thunderdome.

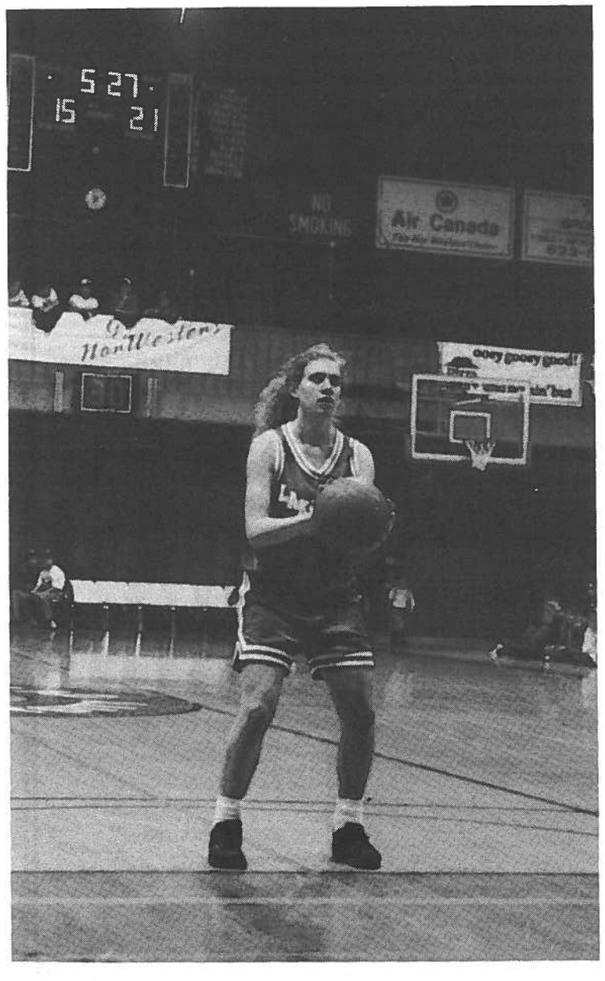
COACH STU JULIUS

OWIAA WEST/ASIFO OUEST (FINAL)	W	L	F	A	PTS
Western Ontario	12	2	981	733	24
Lakehead	12	2	925	647	24
Brock	8	6	834	752	16
Windsor	8	6	704	766	16
Waterloo	5	9	632	692	10
Wilfrid Laurier	5	9	672	832	10
Guelph	4	10	620	810	8
McMaster	2	12	708	844	4

WOMEN'S BASKETBALL

WOMEN'S BASKETBALL OVERALL STATISTICS COMPLETE TO: MARCH 4, 1993 93

NAME	GP	FGA	FGM	%	3PA	3PM	%	FTA	FTM	%	TOTAL	AVE.	OFF	DEF	TOTAL	TO	PF	ASS.	STEAL	FO
KATHY HARRISON	32	382	150	39	86	28	33	82	58	71	442	13.81	39	142	181	70	73	231	85	0
DONNA FOREMAN	32	322	120	37	27	10	37	84	50	60	320	10.00	37	86	123	87	71	88	32	0
JENNY BURGESS	32	241	119	49	1	0	0	61	45	74	283	8.84	94	111	205	35	100	48	37	6
PATTI JOHNSTON	30	264	89	36	19	6	32	93	69	74	265	8.83	54	80	134	72	83	69	29	6
MICHELLE BLACK	32	201	79	39	13	5	38	49	34	69	207	6.47	31	36	67	47	62	38	32	0
LISA CORSAUT	31	159	85	53	0	0	0	56	28	50	198	6.39	65	71	136	46	81	14	11	6
KATIE LANGDON	25	87	39	45	0	0	0	50	30	60	108	4.32	36	45	81	10	46	6	12	2
DAVA ANDERSON	25	77	33	43	0	0	0	24	17	71	83	3.32	31	29	60	24	37	.4	12	1
LISA CHAMBERS	29	61	28	46	1	0	0	19	16	84	72	2.48	15	16	31	19	58	15	9	2
ANGIE PUMPUTIS	17	44	14	32	0	0	0	30	21	70	49	2.88	27	31	58	16	31	8	15	1
LEO ALTERI	24	46	13	28	17	4	24	5	1	20	39	1.63	4	11	15	20	19	15	4	0
BONNIE MCALPINE	6	9	4	0	0	0	0	6	4	67	12	2.00	1	9	10	3	7	1	3	0
NICLOE VERSAEVEL	4	10	3	30	1	0	0	2	2	100	8	2.00	1	3	4	6	3	1	1	0
LAKEHEAD	32	1903	776	39	165	53	32	561	375	67	2086	65.19	435	670	1105	455	671	538	282	24
OPPONENTS	32	1547	603	39	158	47	30	641	451	70	1798	56.19	241	576	817	614	571	330	184	14



RECORD	WINS	LOSSES	TOTAL
EXHIBITION	9	6	15
LEAGUE	12	2	14
PLAYOFFS	1	2	3
TOTAL	22	10	32

STATISTICS COMPILED BY: PETER DIKA
COMPUTERIZED BY: DARLENE YAKIMOSKI

EXHIBITION GAMES:	WIN/LOSS RECORD		LAKEHEAD WIN/LOSS
LAURENTAIN	65 LAKEHEAD	57	L
LAURENTAIN	85 LAKEHEAD	53	L
YORK	38 LAKEHEAD	68	W
MANITOBA	56 LAKEHEAD	59	W
SASKATCHEWAN	45 LAKEHEAD	62	W
REGINA	58 LAKEHEAD	69	W
WINNIPEG	80 LAKEHEAD	57	L
MANITOBA	60 LAKEHEAD	58	L
BRANDON	69 LAKEHEAD	77	W
CONCORDIA	52 LAKEHEAD	79	W
TORONTO	66 LAKEHEAD	68	W
RYERSON	54 LAKEHEAD	70	W
ALBERTA	53 LAKEHEAD	69	W
WINNIPEG	77 LAKEHEAD	70	L
LAURENTIAN	73 LAKEHEAD	67	L

The 1992-93 Lady Nor'wester's Volleyball season was an exciting one. 2nd finishes were posted at 4 tournaments: University of Minnesota-Duluth, University of Wisconsin-Superior, Brock Invitational, and the Ottawa Invitational. The highlight of tournament play was Lakehead's victory over the University of Regina at the Ottawa Invitational. A full team effort was given and the results were phenomenal.

In league play Lakehead accumulated a strong record of 11-3 to finish 1st in the OWIAA West, a first in it self. Hard work and determination led to this fantastic accomplishment that not only excited the members of the team but also Lakehead University. Although a disappointing 6th place finish was recorded at the OWIAA championships, the team played stronger than last year's performance.

Kelly Breutigam had another outstanding season. Her 4th year as a member of the Lady Nor'wester's saw Kelly earn four All-Stars, an OWIAA West All-Star, and a CIAU All Canadian Honourable Mention. Kelly established a new Lakehead record with 80 kills and 24 aces in one week-end. Kelly's statistics once again dominated the league. 1st in total number of kills, 1st in average kills per game, 1st in aces, 1st in average aces per game, 3rd in total digs. Kelly will be graduating this year with her H.B.P.E. Congratulations Kelly, we hope to see you back next year.

Jo-Anne Hood worked hard all season and it paid off. She earned an All-Star at the University of Wisconsin-Superior Tournament and at the Brock Invitational. Although an injury sidelined Jo-Anne for the month of January, her efforts earned her an OWIAA West All-Star. Jo-Anne is currently finishing her third year and will be back again next year to lead the team.

Strong rookie play was hosted by Catherine McMahon as she filled a demanding middle blockers position. Catherine performed well in the position stuffing 76 balls throughout the season.

Monika Ucke, a dominating college player, adjusted well to university play and was a great asset to the team. Her powerful left hand led her to 108 kills for the season. Unfortunately, Monika will not be back with the Lady Nor'wester's next year due to graduation. She will be greatly missed on the team.

With the exception of Monika, the team will be returning next year to do battle in the OWIAA West and at the OWIAA Championships.

OWIAA WEST/ASUO OUEST	MW	ML	GW	GL	TP
Lakehead	11	3	37	16	22
Western Ontario	10	4	35	19	20
Brock	8	6	30	26	16
Waterloo	7	7	29	31	14
Windsor	6	8	31	27	12
McMaster	6	8	24	29	12
Guelph	6	8	21	32	12
Wilfrid Laurier	2	12	13	40	4

CLUB SPORTS

The 1992/93 Lady Nor'westers Soccer Club has had a very successful year so far. For the first time ever, the club played an outdoor season this year and the time and effort spent payed off as the girls won four games, tied one, and lost one against U.S. universities.

The highlight of the year was the lone loss, strange as that might seem. That was because it was against the University of Minnesota Golden Gophers, a team that were two time Big Ten club champions and one time national champions. They also had eight graduating seniors in their lineup. With fifteen minutes to play, Lakehead was winning 2-1 but experience and conditioning began to take its toll and the Gophers prevailed 3-2. Regardless, it was the best soccer match they had played all year and all those taking in the game were in full agreement. They had seen a battle.

The story began in early September when thirty five women came out to compete for fifteen spots. The team selected included two - four year players out of the Faculty of Education, five veterans from last years team, and eight rookies of whom five were local Thunder Bay athletes.

Following the outdoor season the team entered play in the Lakehead University/Thunder Bay Senior Women's Soccer League. The team clinched the league championship with two games left to play and finished with six wins and three ties. A sign of the growth that had been made throughout the season was the fact that our three very experienced education students were away teaching for much of the indoor season.

Our season has a few end notes yet to add. We still have the league playoffs to compete in and we are currently training for three out of town tournaments. The first is against Southern Ontario universities at the Queen's Invitational where we will meet up with both national finalists. The St. Scholastica and UMD NCAA tournaments close out the season for us.

Many thanks to Lakehead University, the Athletic department, and the student body for all of your support. It has been exciting watching this dynamic group of athletes compete.

GAMES PLAYED	WON	LOST	TIED	GOALS FOR	GOALS AGAINST
15	9	1	4	57	18

Team Members: Alana Bailot, Melanie McCallum, Sharon Eckel, Wendy Pak, Liz Armstrong, Leanne Munro, Judy Shaughnessy, Tina Garrison, Tanya Opyc, Jennifer Wiseman, Karen Paterson, Heather Purdy, Pam Campbell, Kim Filopovic, Veronica Hartman, and Kathy Van Loon.

X-Country Running and Indoor Track and Field Recap

The '92-'93 x-country running and indoor track and field seasons were milestone years in two regards. In the fall of 1992 the Lakehead University Athletics Club (LUAC) was formalized with an executive and a mandate to encourage participation and excellence in both the University and the community. At the same time two new coaches were brought on-board. Sprint and jumps specialist Vic Phyllis attracted and developed the talents of 10 athletes while Jim Urquhart lent his expertise to the throwing events. With a strong middle and long distance program already in place (Keri MacFarlane - women's coach and Ian Newhouse - men's coach) LUAC could now offer a complete "athletics" club. During the x-country season David Koivuranta, a first year Chemistry student led the LUAC squad with a 1st place individual finish at the U of M.D. season opener and a respectable 43rd place finish in the Conference Championships. A competitive run by the rest of the men's squad allowed a slight improvement over the previous year's point total. David would continue to race well throughout the indoor season as well. With the addition of sprinters, jumpers and putters LUAC sent Lakehead's largest teams to the Minneapolis and Winnipeg indoor meets. While numerous personal bests were notched this season, long and triple jumper Jennifer Hunter collected the largest share of the hardware. Jennifer continued to jump well at the Conference Championships picking up a 7th place finish in the triple jump.

Lakehead University Men's Indoor Soccer Team

The LU Men's Soccer Team once again started the season with practically a new squad of players with only four remaining from last season. As with last year, forming a team concept has not been easy, but after finishing last year on a high, and winning the St. Scholastica tournament in Duluth, our goal this year is to finish in the top three of the local indoor league. In the fall of 1993, we will be putting together an outdoor team to play in exhibition games and tournaments. With the excellent home-grown talent available to us plus the talented out of town players attending University, the future for soccer at LU is looking bright.

MEN'S RUGBY

The 1992-93 season proved to be successful in the end despite a poor win-loss record. This success was due in large part to the increase in membership and the commitment of returning players to better past season results.

In past seasons the backs led the pace of L.U.'s game, but this season the forwards led by John Daggett dominated. A combination of strong set play and first phase play allowed L.U. to control the pace of the game against some larger and stronger packs. The second phase proved to be the weak point but the foundation has been laid for a strong showing in this area next season.

L.U.R.F.C. would like to thank all those who supported us this season and we would especially like to thank John Garland and Bill Keeler for their assistance this year.

ALPINE SKI TEAM

The story of the Little Engine That Could has never been so appropriate as in the case of Lakehead University's Alpine Ski Team. Plagued by injuries and setbacks, the six member team comprising of Jason Lucas, Ryan O'Grady, Ryan Wheatley, Chris Bartholomew, Robin Leggett and Kevin Webb perservered to qualify for the National Ski Championships in California. Due to educational policies, the team did not compete in the finals. Three years ago the men's team could not capture a medal, but the fall of '92 saw a newer and more dedicated committment from these men to put Lakehead University among the top institutions for Alpine Skiing in the U.S.C.S.A. Midwest Region. This years team showed the spirit and teamwork that should make a university proud.

LAKEHEAD UNIVERSITY NORDIC SKI CLUB

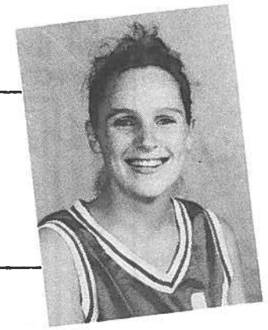
It was another exciting year for the Lakehead University Nordic Ski Club. Program director Moira Mcpherson, along with coaches Patti Hogan, Mark Thomas, and Tuija Puiras offered its 65 members superb opportunities for training and skill development. Chief of trails Rob Purdon refined and maintained our 5.3 k of trials. These trails were used extensively between Christmas and mid February and are really something to be proud of. A first for our University was the hosting of the opening night of the North American Cross Country Ski Championships. Local, national and international team skiers competed for cash at the "Nor'wester Dual Sprints".

The LU racing squad skiers had a number of excellent results with the women's team capturing second place at the OWIAA championships. The mens squad moved up into 5th place in the overall OUIA rankings. Our skiers really shone at the annual Sibley ski tour with both Hanne Solheim and Kari Tikka winning silver medals in the gruelling 50k event. Moira Mcpherson won silver in the 20k. This years top team honours go to brother and sister Lana and Rodney Puumala for leading the men's and women's racing teams to our fine championship showings.

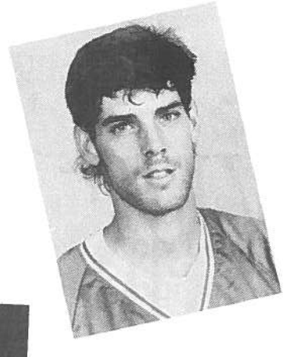
LAKEHEAD UNIVERSITY HOCKEY CLUB

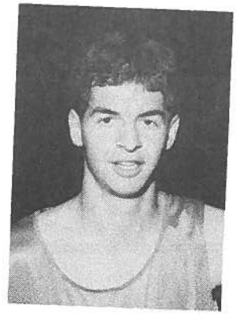
This year the L.U.club hockey team participated in the Centennial Hockey League. The Team finished the year tied in first place with C.C.Poulin, a team that hasn't been beat in 4 years. The Team entered the playoffs short handed with regards to players and fell to D & R Automotive in the first round. All in all the year was a successful one and our executive looks forward to a new season next year.

1992-93 ATHLETES OF THE MONTH AWARDS



J.B. EVANS	OCTOBER
Volleyball	Jo-Anne Hood
Men's Basketball	David Pineau
Women's Basketball	Kathy Harrison
Wrestling	Lee Pine
THE KEG	**NOVEMBER**
Volleyball	Kelly Breutigam
Men's Basketball	Peter Brown
Women's Basketball	Jenny Burgess
Wrestling	Scott Pepper
L.U. BOOKSTORE	**JANUARY**
Volleyball	Kristen Owens
Men's Basketball	Craig Law
Women's Basketball	Donna Foreman
Wrestling	Jim Gowanlock
ATHLETE'S FOOT	**FEBRUARY**
Volleyball	Kelly Breutigam
Men's Basketball	Brian Tees
Women's Basketball	Lisa Corsaut
Wrestling	Jim Gowanlock





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