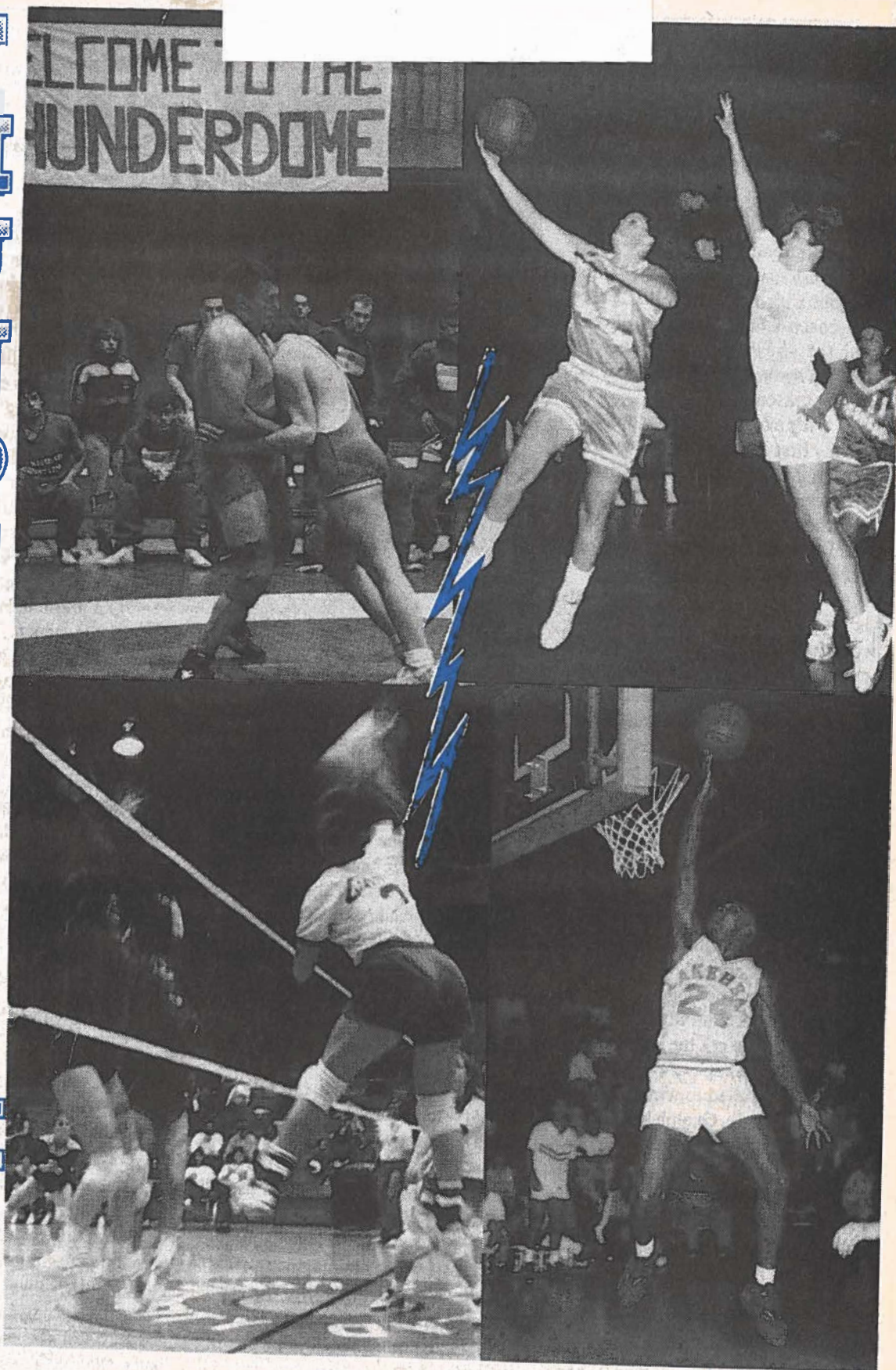


# THUNDERSTORM

Magazine  
Vol. 2, #4  
February, 1992  
Department of  
Athletics



## Feature Column

by TN Sports Editor

Lakehead University Lady Nor'Westers volleyball squad has undergone a bit of adversity this season and coach Claude Lapre is pleased with the way they've responded.

In some ways it's his most satisfying season.

"It's a tossup between this year and my first year here, where we took a program from scratch," says Claude. "We were 0-6 the first term that first year then came back and won five of six. I think that was what kick started our program."

"This season has been very satisfying because the girls have responded to some adversity, with a couple of key players quitting. I can only put them out on the court. They have to play. And it's great to see them keep on winning."

Lapre started this season with high expectations. A first place finish.

"At the start I figured we could finish 12-2 and that would be good enough for first or second, hopefully first. Also at the start, McMaster was the team to beat and we had to play them on their court."

"We were hoping for a split and that some other team would beat them sometime. We got the split but they keep rolling. They were down 1-2 to Guelph and failed to win."

"Actually, Guelph has been the spoiler. They almost beat McMaster and two weeks later beat us in one match and that's the difference between us and McMaster."

Continuity has played a key role in the progress over the past few years and the team's success this season.

"Last year we had some girls, like Jennifer Spence and Kim Rubbra, who didn't play a lot, but practiced



with us. And they're coming through this year, replacing the players we lost and filling in very well."

"Another player in the same situation is Geraldine Bergmans. She had to play last year because we lost our two middle blockers to injury. She was forced into a lead role her rookie year and that's probably the worst thing that can happen to an athlete."

"She had a rough time and she's still learning, but she's also already broken our record for stuff blocks in a season."

"Kelly Breutigam (an OWIAA Allstar) is improving every time she's on the court, which is really scary. With Kelly, some teams have the players to play more physical than us, but she kind of equalizes that aspect."

"She sometimes gives a margin for error if we're not playing too well. And if we're playing well she gives us a shot at beating any team in Ontario. But, it still comes down to us playing well as a team."

"Jo-Anne Hood, rookie of the

year last season in the OWIAA, is even more stable than last year and is also showing improvement."

"But probably our most improved player, who's probably noticed the least, is Andie Aitken. Most teams try to serve away from Breutigam, meaning the serve to Andie and her stats and passing have improved dramatically."

"She's still our best defensive player. And statistically what people don't realize, is that she's our second best hitter, next to Kelly. Which is why she often goes unnoticed."

"Our problem is lack of experience on the bench. But when we played Waterloo we got some of our bench out there, with some nice surprises."

"Alyson Nichol (a city grad) was with the junior team two years. So we knew what she's capable of and we know we can count on her for back row passing especially."

"Kerri Ann Ewacha (another city grad), is a help because of her size and physical abilities. She played well at Waterloo."

"But the first person off the bench right now, mostly because she's got a very good serve, is Panda Edwards (from Peterborough). It's her first year and she's had to take the role as the seventh player with Spence starting."

That's a roster down to nine players and none at all with much experience on the bench. But, except for letdowns against McMaster and Guelph, they've played with intensity and determination.

And it shows on the scoreboard. They'll be going to the playoffs for the third straight year and only Brock, had a chance this season of duplicating that feat. □

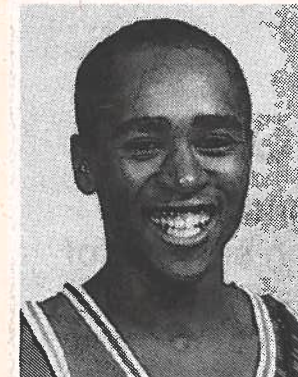
## NOR'WESTERS ATHLETES Of The MONTH



Players of the Month for November:

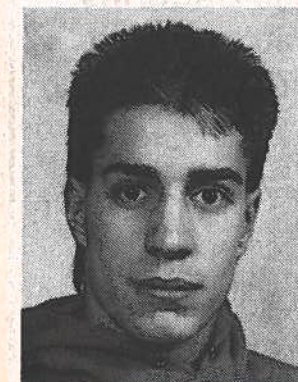
Left to Right: Mike Lalonde, Kathy Harrison, Andie Aitken, and John Burke.

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### Men's Basketball

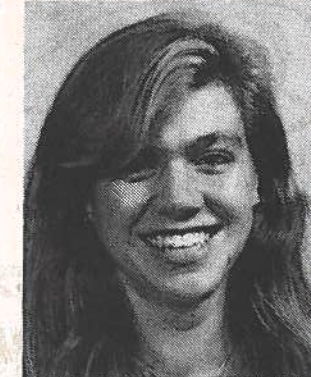
**PETER BROWN** - 5'8" guard, Elliot Lake, Ontario  
Peter, a second year physical education student, has been a catalyst in the Nor'Westers' lineup during the month of January. Peter has been a starter for Lakehead since the Christmas break and has been averaging 11 points and 5 assists a game during this time. Peter has brought excitement back into the Nor'Westers transition game and balance into the team's scoring attack. With Peter at point guard, the future looks bright for the Nor'Westers.



### Wrestling

#### SHELDON MUIR

Sheldon has moved his record up to an impressive 13 wins and 8 losses with 5 wins via pin. He now ranks second behind Mike Kitchen who leads L.U. with a record of 15 wins and only 5 losses. Sheldon placed third at the Garvie Memorial and then placed fifth at the Husky Open. Congratulations, Sheldon!



### Women's Basketball

**JENNY BURGESS**  
Jenny is the team's leading rebounder with 7 rebounds a game. She is presently third in scoring with 7 points a game. Jenny is an outstanding athlete who is aggressive and makes the team a dominant force!



### Women's Volleyball

**KELLY BREUTIGAM**  
As we have come to expect, Kelly not only leads her team in most statistics, she also dominates the OWIAA and CIAU stats for kills and aces. This past month, she broke one of the rare team records that she did not already hold, scoring 12 aces in a match against Queen's on January 12. On January 17, she improved one of her own marks as she recorded 40 kills in a match against Windsor, 17 more than any LU player before her. Most remarkably, all she needed was 59 attempts and she committed only 4 mistakes. A little bit better than business as usual, even for Kelly Breutigam.



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## Men at .500: Randall and Brown shine

By Tony Hewitt

Coach Lou Pero and the men's Nor'Wester basketball team have met with mixed success in their first six games of the OUAA west division season.

After the first two weekends of play the LU team stood 3-1 sharing top spot with Waterloo and Guelph. In the conference opener LU played the Waterloo squad, a strong team with two junior national team members in its lineup. LU responded to the Waterloo team winning the opener by a score of 77-68. On Saturday night the Waterloo team prevailed on the strength of their foul line shooting; LU was called for 11 fouls on the evening. The 59-54 loss was frustrating for coach Pero who cited questionable foul calls near the end of the game for the loss.

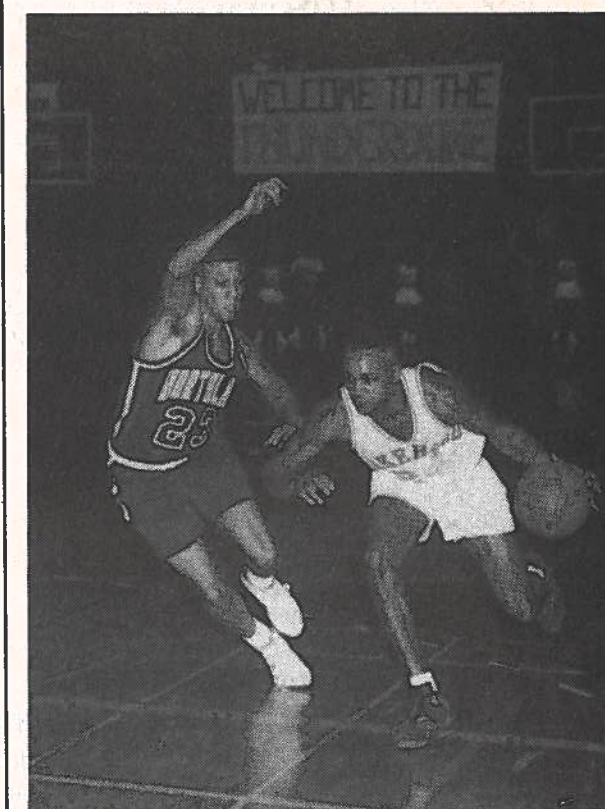
The following weekend of January 11/12 the Nor'Wester's were on the road to Windsor for a two game series. The Windsor team proved less of a challenge than Waterloo falling 82-77 the first night and 84-75 the second. Coach Pero was pleased with the outcome of the Windsor weekend. The strong play of the team allowed Pero to use all of the members of his roster, giving the whole team some real game experience.

Before the McMaster series at home on Jan 24/25, Pero was optimistic about the season and the chances for finishing in the OUAA west top four. Five players on the Nor'Wester squad were averaging 10 or more points per game and veteran players Mike Lalonde, Ray Foster and Les Raguette sparked by the outstanding play of two younger team members, Anthony Randall and Peter Brown were playing very well. After getting dumped both games at home Pero's optimism never wained.

On Friday the team fell short losing 81-70 to a fired up McMaster squad despite a solid performance by Dave Pineau who netted 15pts and the late game antics of Peter Brown who put on a display of second effort in the last five minutes of the game that Thunderdome fans got very excited about.

The Nor'Westers fared little better in Saturday's match up losing 82-75. Shooting was the factor that decided both games with LU failing to capitalize on too many opportunities. They averaged a dismal 28 for 60 in field goals on Friday going a mere 2 for 12 on the 3 point shot. Saturday's game was even more frustrating with the men hitting only 26 for 71 field goals.

The team is now playing .500 ball with a 3-3 record. the Nor'Westers have eight more games in conference play meeting Brock Feb 1/2; Western at home Feb 7/8; Laurier Feb 14/15, and Guelph Feb 21/22 at home to end the regular season. □



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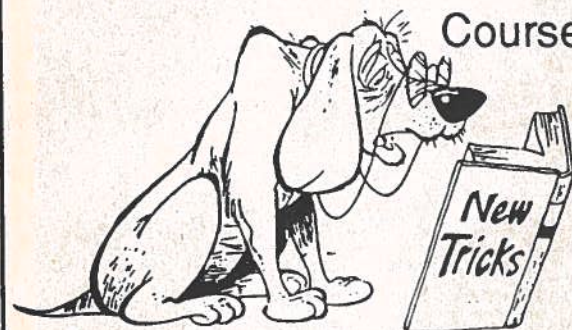
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**Playoffs in the Dome?  
Julius' Ladies are making it happen!**

*By Liana DeCorso*

With 6 games left in the season the LU women's basketball team is coming on strong.

The LU lady Nor'Wester Basketball team looks good. Right now they are in second place at 7-1. L.U. is looking at capturing 2nd place in the west division, which will confirm the first playoff game here at the Thunderdome.

The last weekend at home hurt the lady Nor'Westers as McMaster captured one of two games.

"Well I think losing the McMaster game didn't really help us that much. If we would have won that game we would have gone down to Brock 6-0. It would have given us a lot of room" said coach Stu Julius.

The women's basketball team have yet to play Western, and Guelph. Western is presently in first place 8-0, and Brock is in 3rd spot at 4-4. Stu is confident that the team will finish off this season in good shape.

"There's no doubt that we're going to finish in the playoffs. Without a doubt. That's not my concern. My concern is that I want to finish in second spot."

Recently off the disabled list, Kelly Fitzgerald doesn't have Stu's confidence. "Anything can happen. There's always a doubt. If we play like we've been playing we should make it."

Fitzgerald is back on the court in fine form after what was initially thought to be a season ending knee injury. She's a proven hard working athlete and if she gets injured again she wants to go down hard. "If it's going to go it's going to go. I don't want to baby it."

Coach Julius is a little hesitant to play Fitzgerald, "Sometimes I treat her differently now because of her injury and I am trying to overcome that... I've got this thing in my mind and its probably not fair to her right now. So I'm just going to treat her as if she's not injured."

There's no doubt that Fitzgerald is still a force on the court with a strong rebound! Kelly plays with little hesitation, "That's just the way Kelly plays. She plays really hard."

Julius is excited about the possibility of hosting a playoff game in the Thunderdome

"In our division the top four teams make the playoffs. The top two teams get to host the first round."

The final four is in Sudbury, with 2 competitors from the east side and 2 from the west. The two teams that win at the final four automatically

go to the nationals.

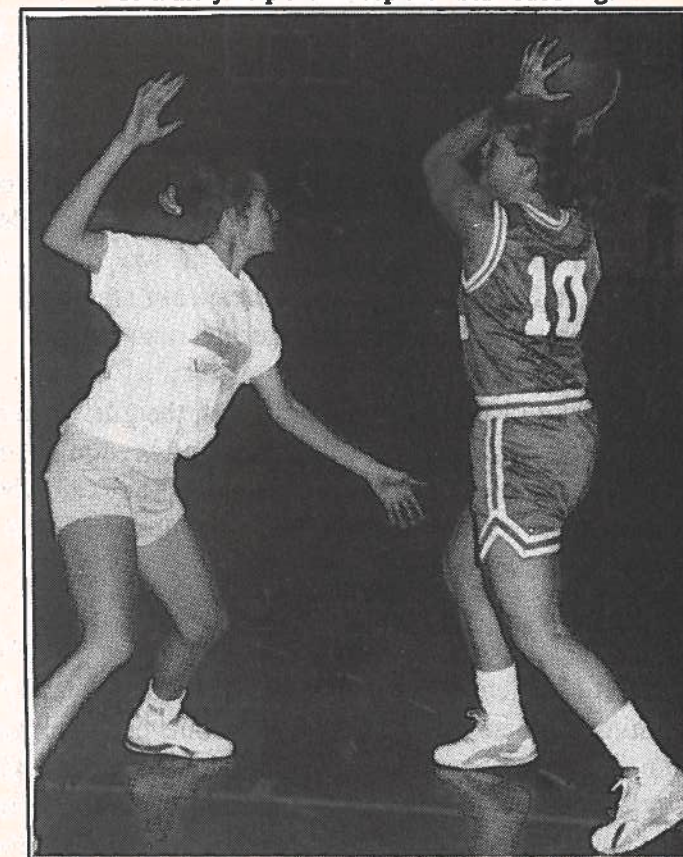
Laurentian is in first, 8-0 and Toronto is 7-1. Stu doesn't really care who they come up against in the final four. The team is concentrating on finishing on or near the top in the west division first and then they'll look at the final four. His scouting report does however eliminate a few teams. Guelph and Laurier are weak. Laurier is second last, and Guelph's near the bottom of the pack.

As for Fitzgerald, this is Kelly's last year with the Nor'Westers and she's going to finish in fine form. The basketball team to Kelly is like a big family. "The team is strong, we stick together and help each other out, and that's what pulls us through."

It often goes without saying that a team needs a good coach. Stu Julius is one of eight men who coach University women's basketball teams.

"He's a good family man, a good guy, he knows the game and he's one of the best coaches I've ever come across." said Fitzgerald.

The LU women definitely have all the essential ingredients to cook up a winning team and clinching second spot in the OWIAA would definately help them keep the "Stu" bubbling!



# Back You Heathen Dogs!

## There is more going on in the basement of the fieldhouse than you may have realized

The Dungeon Master put his back against the wall and lifted his head. He stood like an image of the unconquerable primordial - legs braced far apart, head thrust forward, with the great corded muscles standing out in iron ridges, and his features frozen in a death snarl of fury - his eyes blazing terribly through the mist of blood which veiled them ... here was the Dungeon Master the natural warrior. The challengers shrank back, the tired warrior sensed their uncertainty and grinned mirthlessly and ferociously.

"Who falls first?" he mumbled through smashed and bloody lips...

*Phoenix on the Sword*

Since the early Olympics in ancient Greece, wrestling has been one of the most popular sports in the world. In England it was the favourite sport of King Henry VIII as he himself was a wrestler. And in the 1600's in Quebec there were times wrestling bouts took place to solve disputes between tribes.

Wrestling has had a long and honourable tradition that has been maintained to this day. In Canada we look up to the efforts of Chris Wilson and Jeff Thue who are ranked 2nd and 3rd in the world respectively. On the world level names like 6 time world champion Fedzaeu and U.S.A.'s Dan Gable draw our attention.

Where does this put our Lakehead matmen?

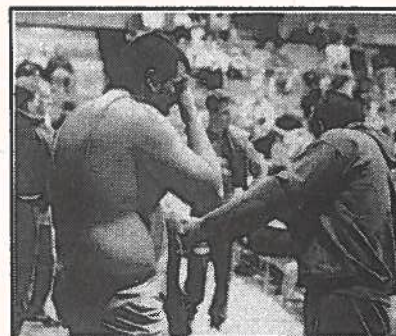
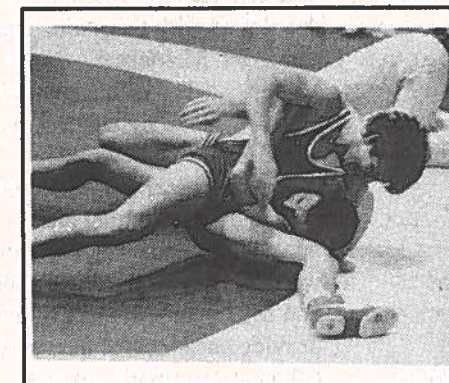
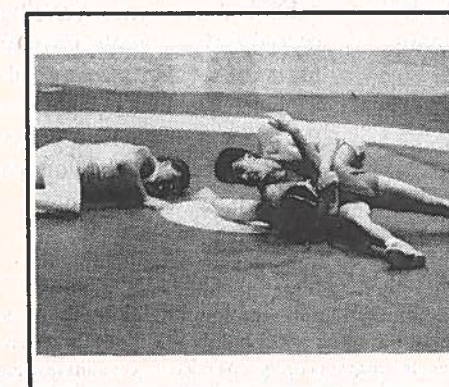
What do I know of cultured ways, the guilt, the craft and the lie?  
I, who was born in a naked land and bred in the open sky.  
The subtle tongue, the sophist guile, they fail when the broadswords sing;  
Rush in and die, dogs - I was a man before I was a king.

*The Road of the Kings*

Conan the Barbarian

At LU there is a group of 16 wrestlers that take on a strict training regimen, performing 8 work outs per week including two - 7am weight sessions, one individual session and 5 mat work outs. Add to this a diet consisting of child size meals so that these wrestlers can make their weight category for their

# dungeon



# master

weekly competitions. This is the Lakehead Varsity Wrestling Team.

Gleaming shell of an outworn lie; fable of Right divine-  
You gained your crowns by heritage, but Blood was the price of mine throne that I won by blood  
and sweat, by Crom, I will not sell

For promise of valleys filled with gold, or threat of the Halls of Hell!

*The Road of Kings*  
Conan the Barbarian

Lakehead's assistant wrestling team coaches, Jim Gowanlock and Steve Roslinsky and strength coach Joe Dolcetti had devised a system to humour individuals that make up this dedicated group of LU students by coming up with the Dungeon Master t-shirt. The Dungeon Master is selected by the volunteer coaching staff going to the wrestler that best displays courage, and dedication in his daily work out

routines. Every Tuesday the selection is made and the Dungeon Master receives a bright vellum t-shirt, to wear for the entire week of work outs, some what like the Tour de France, but in this case the only people that know are the wrestlers.

Left page: Pepper calls on the forces from the dungeon to help win the match

This page: Dungeon Masters Lampi above, and Muir below- "death snarls of fury"

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# Lakehead Volleyball Program Benefits Community and Region

By Ian T. Fero

What people mainly see is the Lakehead women's volleyball team in action, what people little know is that underneath the talent lies a vast history of development and practice. Thunder Bay may always be a "hockey town" but the LU volleyball program is trying hard to enhance the talent of the lady volleyball players in the city and the Northwestern Ontario region.

Over the years an underlying, and almost unknown, six stage development program has been established by the LU volleyball program to develop the raw talent of local players, a program under the watchful eye of LU volleyball coach Claude Lapre.

The development camps begin in August with a one week summer camp. This program usually has up to 60 participants and provides the basic lessons and training for those ladies who want to enhance their skills. The participants range in age from 14-19.

From this development camp a juvenile/junior team is made. 15 players from age 15-19 train on the weekends in October and November against some higher quality competition.

After the junior team the camp breaks up to allow full participation in the high school season avoiding a conflict of interest between schools and players. Part and parcel of the high school season is the annual LU high school tourney which usually takes place in the first weekend of January and incorporates 9-11 teams from the senior level.

At the end of the high school season the select players usually begin training in March and early April for the Junior Lady

Nor'Wester squad, an under 20 aged team. This team consists of 4-6 varsity players and 6-8 high school players. The chosen team then trains to compete in the junior provincial championships. The Junior Lady Nor'Westers won the provincial championships in 1990 and finished sixth at the nationals. This team provides necessary court time to first and second year Nor'Westers and allows the quality high schools players to compete at a higher level.

As well there is a development camp going on at the same time as the Junior Lady Nor'Wester. This development camp is there to assist the players who are not yet ready to compete on the other squad. This camp usually runs weekends from mid-March to late-April and incorporates 40-50 players ages 15-18.

The varsity Nor'Wester coaching staff as well as a select few players assist with coaching the Regional team under the guidance of Ron Bolton from Dryden. The tryouts take place in May and June and training takes place for three weeks in July. The 12 player team takes players aged 15-17 years.

The objectives of the development program are simple 1) to offer opportunities for local athletes to improve their skills,

helping to improve the calibre of play in the region. 2) to bridge the gap between the high school and varsity levels and 3) help improve the chances of having more quality local players playing at the varsity level at LU.

Some players who have graduated from the junior program to the LU varsity squad are team captain Andie Aitken, first discovered at an LU players clinic, November 1988; Alyson Nicol, two years on LU junior team; Kerri-Ann Ewacha, trained with junior team in 1991. The program also has three potential recruits who have developed with the junior program, Catherine McMahon, Lauri-Ann Vester and Tonya Mastomaki all who are attending Hillcrest high school.

It is clear that the junior development program has benefitted the quality of play in women's volleyball in Thunder Bay and region already. It continues to provide an outlet for new players to enhance their skills, and has solidified its' mandate and begun to accomplish the goals. Overall the future of women's volleyball in Thunder Bay looks bright thanks to the junior development programs initiated at LU by the volleyball program. □

## A Letter to The Storm

There has been a tremendous misunderstanding regarding Kelly Williams and the Lakehead University Lady Nor'Westers Volleyball team. Just recently Kelly decided to end her career as a varsity player. I would like to recognize Kelly's dedication, commitment and love for volleyball.

Kelly played competitive volleyball for the Provincial team from 1987 to 1989 and then went on to play at Lakehead for almost four years. During this time she has been an Ontario carded athlete and received both the LU volleyball rookie of the year and LU female freshman athlete of the year / 1988-1989.

In Kelly's first year she was captain of the Nor'Westers and her leadership and outgoing personality lead the team to improve their previous season's record of 0-14 to one game away from qualifying for the playoffs. I would like to stress that the time that Kelly has spent with volleyball is much appreciated and Kelly will be missed greatly not only by the team but also by the fans at the Thunderdome.

— Andie Aitken - Nor'Wester Team Captain —

# McMaster nabs wrestling title

THUNDER BAY (Staff) — McMaster University scored 68 points Saturday to capture the team title at the third annual Gord Garvie Memorial Wrestling Festival held Saturday at the C.J. Sanders Fieldhouse.

The one-day event featured six teams from Ontario, Manitoba and Saskatchewan competing in 10 weight divisions.

The University of Manitoba Bisons placed second with 42 points, while host Lakehead University finished in third spot, one point behind the Bisons.

The University of Saskatchewan tied the Northwestern Ontario Cyclone Wrestling Club for fourth spot with 25 points.

Lakehead captured seven med-

als, including silver medals for Lee Pine in the 90 kilogram category and Mike Kitchen in the 68 kg division.

LU wrestlers to strike bronze were Sheldon Muir (57 kg), Quinton Maechtel (61 kg), Craig Hardy (65 kg), Brock Lambert (76 kg) and Kevin Wallen (72 kg).

The Kok brothers also had a fine day for the local Cyclones getting gold from Lou Kok in the heavy-weight division and Harvey Kok in the 76 kg class, while Pat Kok picked up a bronze medal in the 82 kg event.

Following are Saturday's top three results in each division:

Legend — LU - Lakehead University;

McM - McMaster University; Manitoba - University of Manitoba; Sask. - University of Saskatchewan; NWO - Northwestern Ontario Cyclone Wrestling Club; MWC — Manitoba Wrestling Club.

Heavyweight — 1. Lou Kok, NWO; 2. Bill Budd, MWC; 3. Gord Ginter, Sask.

90 kg — 1. Brian Bell, MWC; 2. Lee Pine, LU; 3. Brian Krawetz, Sask.

82 kg — 1. David Hohl, Man; 2. Gordie Rose, McM; 3. Pat Kok, NWO.

76 kg — 1. Harvey Kok, NWO; 2. Scott Nichols, McM; 3. Brock Lambert, LU.

72 kg — 1. Scott Lenahan, UM; 2. Scott Prokosh, McM; 3. Kevin Wallen, LU.

68 kg — 1. Dan Sheean, McM; 2. Mike Kitchen, LU; 3. Ryan O'Shaughnessy, Sask.

65 kg — 1. Cory Hultman, Sask; 2. Greg Thomas, McM; 3. Craig Hardy, LU.

61 kg — 1. Kirk Thomas, McM; 2. Jasor Kirby, Man; 3. Quinton Maechtel, LU.

57 kg — 1. Todd Hinds, Man; 2. Richard Kelly, McM; 3. Sheldon Muir, LU.

52 kg — 1. Jose Disanto, McM; 2. Mike Danielson, Hillcrest High School; 3. Phil Henry, Hillcrest.



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# Lakehead's Athletic Success Program: Battling the "Dumb Jock" Syndrome

By Chris Williams

"Dumb Jock" - a time worn stereotype that has long been part of the collective consciousness of North American society. Through film and television the Americans in particular have given "Ox" and "Moose" a permanent and glorified place in contemporary history. Pop culture has encouraged the dumb jock to make countless cameos crushing countless beer cans off his thick forehead and attending countless "bird" classes like "Basketweaving 101".

Up here in Canada, we don't have a collective consciousness and as a result find ourselves battling with more mundane issues like Meech and the Constitution. We also tend to frown upon the frivolous mockery of the intellectual capacities of our student athletes...at least Francis Clayton and Claude Lapre do. The two Lakehead coaches have teamed up with Ian Cull, LU's Career and Counselling Coordinator, to plan and implement what amounts to the university's first real attempt to come to terms with the extra stressors placed on the student athlete. The "Academic Success Program" is designed to be preventative medicine for the student athlete. Two mandatory counselling sessions with Cull a term are comprised of pointers on study skills, time management, reading, note taking, memory retention techniques and exam preparation; added to this is a vocational and career planning package.

The program began at the beginning of the 1991-92 academic year as a pet project of Lakehead's wrestling coach Francis Clayton who saw the need to provide his athletes with some academic guidance. Claude Lapre liked the idea and got his team involved.

"Essentially Francis and Claude's desire was to provide athletes with enough skills and tricks to lessen the stresses on them through the academic year" says Cull. "You see athletes have no time, they really don't...it's sort of a miracle that they can do as well as they can do."

Ian Cull speaks from experience. His tenure here at Lakehead was preceded by a four year stint at McMaster where he was a starter for the men's varsity volleyball squad. Although not always remembered fondly, Cull's personal experiences with varsity athletics have left him with unique insight into the lives of student athletes - lives that he says very greatly from those of "typical" students.

"I think the biggest difference is the time commitment," he says seriously. "Because your practising 4 days a week and travelling or playing most weekends during your season you end up working on a four day week. You also have other psychological factors that your playing with...there is always pressure to win."

Don't bring the violins out yet, Cull isn't asking for your sympathy. In fact, a smile slowly settles in on his face as he lists off the myriad demands that student athletes must overcome throughout the year. Pressures, one gets the feeling, that are not easily forgotten when overcome successfully.

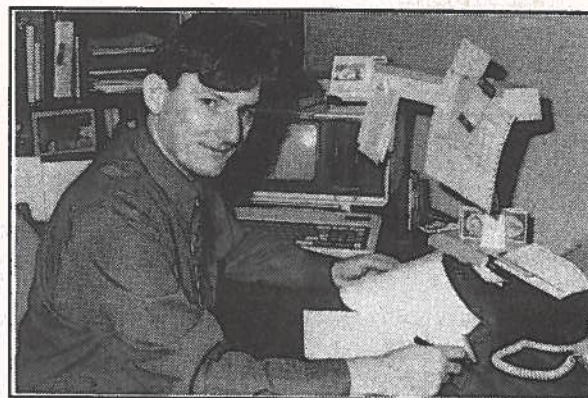
But what of the athletes themselves? How important is the academic success program from their perspective?

Scott Pepper is a first year

Arts student who has taken over the heavyweight duties for the men's wrestling team this season. Although he has only attended one counselling session to this point, Pepper swears by the program and plans on going in again soon.

"I need it. Without it I wouldn't be doing as nearly as well as I am," says the 270 pounder. "It has prepared me for university better and given me somebody who knew what they were talking about to talk to who could explain exactly how things worked around here."

Another wrestler, 150 pound Mike Kitchen concurs with Pepper. "I've been to see Ian twice" he says, "and I plan on going again."



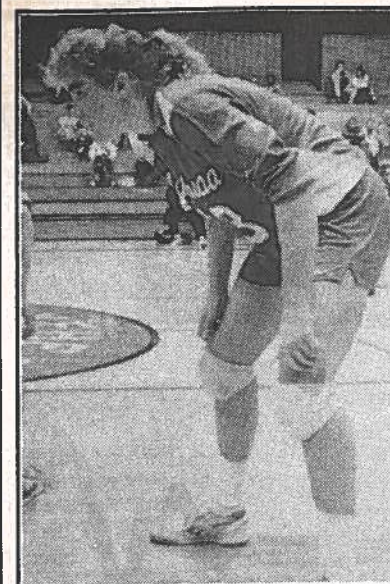
Ian Cull at work: "Athletes have no time, they really don't...it's sort of a miracle that they can do as well as they can do."

Its helped me organize my whole studies by giving me a base to structure everything around."

Long time volleyballer Kelly Williams is in her graduating year and even though she has left the team, she says she will still use the academic success program.

"I've used it about five or six times. It's really helpful for me because I'm graduating and I can go to Ian for a lot of things. Knowing that there is someone there who is going to help us is really beneficial to those athletes who really need it."

As a pilot project that is really leading the way among Canadian Universities, the Academic Success



Williams: Knowing that there is someone there to help us.

Program may be one of the smartest things we have done for our student athletes. Through it they seem to be getting the counselling needed to "short circuit" academic problems before they have gone past the point of no return. Francis Clayton and Claude Lapre see the benefits in other ways as well. Happy students are more positive and productive players and as such perform more consistently. And as Ian Cull rightly points out, the program gives a little bit back to a group of people upon whom we put a great deal of pressure.

"There is pressure on student athletes to be a little bit bigger than life and certainly when

they screw up you see that" says Cull, "our expectations for athletes are greater. I don't have a problem with that. That's part of the deal and as an athlete you know that going in. That's one of the reasons that I think it's important that we provide this service to them, because we are expecting more from them." □

## T-Storm Salutes

Any knucklehead can score. All you have to do is shoot a lot. If you shoot 20 times a game, and make half your're hoing to average 20 points a game. Anybody can do that.

Rebounding sets you apart. Rebounding is special. Rebounding is desire. Some guys are born to rebound. -- Charley Barkley, Philadelphia 76ers career rebounder leader.

The Storm salutes Jenny Burgess and Mike Lalonde for leading the way in LU rebounding so far this season.

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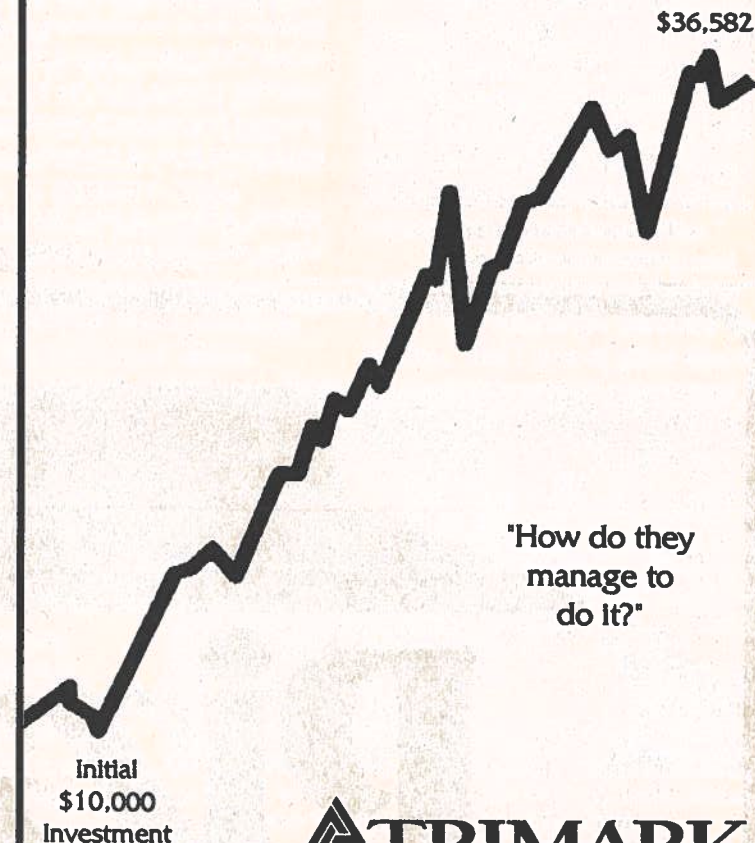
## Dr. Bob Thayer Remembers Gord Garvie, Friend and Foe...

I first met Gord Garvie in August 1968 at the training camp for selection to the Mexico City Olympic wrestling team. Gord was one of five invited wrestlers (including myself) attempting to make the team in a specific weight division. The five of us battled each other, our weights and the heat for a period of 3 weeks. It was during this time period that I developed incredible respect and awe for Gord. He was tireless, tenacious, aggressive and the consummate competitor. Despite his being my major obstacle to making the olympic team I still could not repress the admiration for his personal work ethic. He would never let up, give up a single point or miss an opportunity to punish you physically. At the conclusion of the three week camp the wrestle off for the team came down to Gord and myself. We had several hotly contested matches and as much as I hate to admit it today, we exchanged a few blows during one of the matches. Gord prevailed and was named to represent Canada in Mexico City and I was relegated to the position of alternate. In spite of my personal disappointment and the many angry exchanges between us, Gord and myself became very close friends. We had shared a similar experience, that is we had survived the training camp. Following the Mexico Olympics our friendship continued to grow and it was Gord who invited me to assist in coaching the 1976 Olympic team. On this occasion we were to spend three months together in pursuit of Olympic success in Montreal. Our results in the 1976 Olympics were very disappointing, and once again Gord and I would share and grow from this experience. True to his character, Gord summed up the Montreal experience by stating, "I guess we just have to work harder". Gord Garvie was a unique person and had a major impact on all his friends. Gord contributed a great deal to the sport of wrestling in NWO and Canada.

## R.R.S.P.'s

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10 Year Return



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## STATS

### WOMEN'S BASKETBALL

#### SCORING

| Player         | Games | Pt. Scored | Avg.  |
|----------------|-------|------------|-------|
| Pam Leitch     | 6     | 97         | 16.17 |
| Kathy Harrison | 6     | 81         | 13.50 |
| Barb Hill      | 6     | 43         | 7.17  |
| Jenny Burgess  | 6     | 32         | 5.33  |
| Donna Foreman  | 6     | 30         | 5.00  |

#### REBOUNDING

| Player           | Games | Off. | Def. | Total |
|------------------|-------|------|------|-------|
| Jenny Burgess    | 6     | 13   | 23   | 36    |
| Barb Hill        | 6     | 6    | 24   | 30    |
| Kelly Fitzgerald | 6     | 8    | 21   | 29    |
| Donna Foreman    | 6     | 7    | 20   | 27    |
| Bonnie McAlpine  | 6     | 13   | 14   | 27    |

#### FREE THROWS

| Player         | Games | 6-80% |
|----------------|-------|-------|
| Kathy Harrison | 6     | 80%   |
| Patti Johnson  | 6     | 75%   |
| Barb Hill      | 6     | 71%   |
| Pam Leitch     | 6     | 68%   |
| Jenny Burgess  | 6     | 67%   |

#### LEAGUE STATS

| Team     | W | L | Pts. |
|----------|---|---|------|
| Western  | 8 | 0 | 14   |
| L.U.     | 5 | 1 | 10   |
| Brock    | 4 | 2 | 8    |
| Waterloo | 4 | 4 | 8    |
| McMaster | 3 | 5 | 6    |
| Guelph   | 3 | 5 | 6    |
| Laurier  | 2 | 5 | 4    |
| Windsor  | 0 | 6 | 0    |

### MEN'S BASKETBALL

#### SCORING

| Player           | Games | Pts. |
|------------------|-------|------|
| Mike Lalonde     | 6     | 79   |
| Ray Foster       | 6     | 69   |
| Peter Brown      | 6     | 69   |
| Anthony Randall  | 6     | 67   |
| Leslie Ragguette | 6     | 64   |

#### REBOUNDING

| Player          | Games | Off | Def | Total |
|-----------------|-------|-----|-----|-------|
| Mike Lalonde    | 6     | 26  | 25  | 51    |
| Anthony Randall | 6     | 20  | 24  | 44    |
| Ray Foster      | 6     | 19  | 14  | 33    |
| Dave Pineau     | 6     | 10  | 12  | 22    |
| Craig Law       | 6     | 7   | 13  | 20    |

#### FREE THROWS

|                  |       |
|------------------|-------|
| Peter Brown      | 6-74% |
| Leslie Ragguette | 6-67% |
| Ray Foster       | 6-67% |
| Mike Lalonde     | 6-64% |
| Anthony Randall  | 6-60% |

#### CONFERENCE STANDINGS

|          |     |
|----------|-----|
| Guelph   | 6-1 |
| McMaster | 5-2 |
| Western  | 4-3 |
| Brock    | 4-2 |
| Lakehead | 3-3 |
| Waterloo | 4-3 |
| Laurier  | 1-6 |
| Windsor  | 0-7 |

#### 5 TOP ALL TIME SCORERS

| Player        | GP  | Total Pts. |
|---------------|-----|------------|
| David Zanatta | 103 | 2083       |
| Karl Subban   | 148 | 2027       |
| John Zanatta  | 157 | 1895       |
| John Laplante | 143 | 1868       |
| Jeff Byerley  | 140 | 1675       |



## STATS

### WRESTLING

| Wrestler        | Matches | Wins | Losses | Wins by Pin |
|-----------------|---------|------|--------|-------------|
| Mike Kitchen    | 20      | 15   | 5      | 10          |
| Sheldon Muir    | 21      | 13   | 8      | 5           |
| John Burke      | 21      | 12   | 9      | 2           |
| Quinton Maehtel | 27      | 12   | 15     | 3           |
| Lee Pine        | 18      | 10   | 8      | 3           |

### MEDAL WINNERS FOR THE MONTH OF JANUARY

#### Garvie Memorial

|                         |         |
|-------------------------|---------|
| 57 kg.- Sheldon Muir    | -bronze |
| 61 kg.- Quinton Maehtel | -bronze |
| 65 kg.- Craig Hardy     | -bronze |
| 68 kg.- Mike Kitchen    | -silver |
| 72 kg.- Kevin Wallen    | -bronze |
| 76 kg.- Brock Lambert   | -bronze |
| 90 kg.- Lee Pine        | -silver |

#### Husky Open

|              |         |
|--------------|---------|
| Mike Kitchen | -silver |
|--------------|---------|

### WOMEN'S VOLLEYBALL

#### KILLS

|                    |     |
|--------------------|-----|
| Kelly Breutigam    | 524 |
| Andie Aitken       | 164 |
| Jo-Anne Hood       | 161 |
| Geraldine Bergmans | 93  |

#### ACES:

|                    |     |
|--------------------|-----|
| Kelly Breutigam    | 116 |
| Andie Aitken       | 33  |
| Jo-Anne Hood       | 33  |
| Geraldine Bergmans | 25  |

#### DIGS

|                    |     |
|--------------------|-----|
| Kelly Breutigam    | 265 |
| Andie Aitken       | 221 |
| Jo-Anne Hood       | 187 |
| Geraldine Bergmans | 141 |

#### BLOCKS

|                    |    |
|--------------------|----|
| Geraldine Bergmans | 88 |
| Kelly Breutigam    | 36 |
| Jo-Anne Hood       | 28 |
| Jennifer Spence    | 11 |

#### SERVE RECEIVE

|                    |      |                |
|--------------------|------|----------------|
| Andie Aitken       | 2.13 | 71% efficiency |
| Kelly Breutigam    | 2.13 | 71% efficiency |
| Geraldine Bergmans | 1.83 | 61% efficiency |
| Kim Rubbra         | 1.83 | 61% efficiency |

#### TEAM RECORD

Exhibition: 11-8; OWIAA: 8-2; Total: 19-10

### OWIAA VOLLEYBALL STANDINGS

|          |   |    |
|----------|---|----|
| McMaster | 9 | 1  |
| Lakehead | 8 | 2  |
| Guelph   | 7 | 4  |
| Windsor  | 6 | 4  |
| Brock    | 5 | 4  |
| Waterloo | 4 | 6  |
| Western  | 1 | 9  |
| Laurier  | 1 | 10 |

#### 5 TOP ALL TIME KILLS

|                  |      |
|------------------|------|
| Kelly Breutigam  | 1710 |
| Robyn Plett      | 713  |
| Shelly Cecchetto | 505  |
| Deanne Geisler   | 478  |
| Leslie Ballan    | 422  |

#### 5 TOP ALL TIME ACES

|                  |     |
|------------------|-----|
| Kelly Breutigam  | 342 |
| Robyn Plett      | 163 |
| Kelly Williams   | 101 |
| Laura Petznick   | 90  |
| Shelly Cecchetto | 84  |



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