

CO-OPERATIVE EDUCATION IN KINESIOLOGY AND RECREATION - Doug Paton

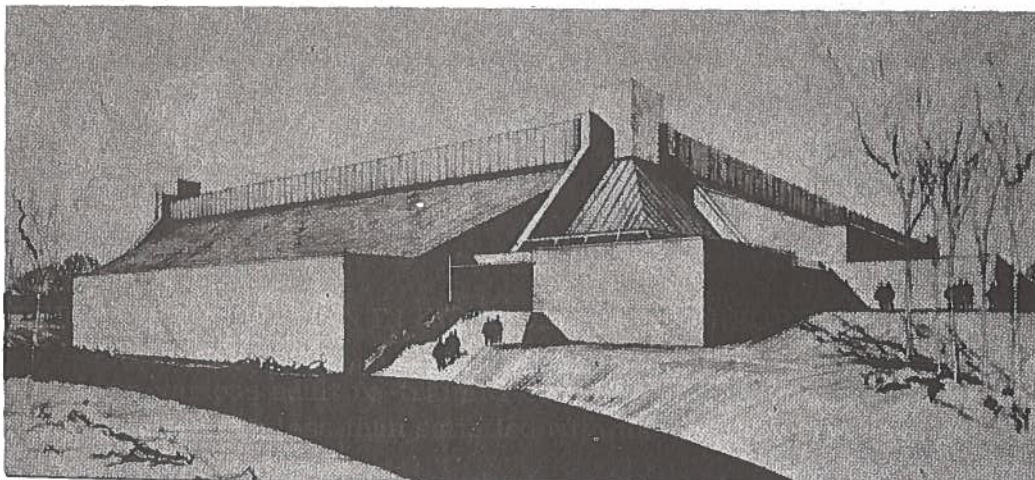
Feedback from various adult re-training centres indicates that a fair percentage of the adult population are less than satisfied with the careers they have chosen.

How does a young man or woman select a career and hence the training necessary for qualification, in such professions as dentistry, medicine, law, engineering, teaching, physical education, or recreation, if they have not had an opportunity to actually try their hand at the profession before making the final commitment for four to seven years of academic training?

We are living in a world of specialization whether we like it or not. How is a young university graduate to know which area of specialization he is going to pursue, unless he has exposure to a variety of positions which cannot be obtained by reading the literature or talking to a few successful professionals?

Eleven years ago, the University of Waterloo pioneered co-operative education in Canada, embarking upon programs in engineering, physics, chemistry and applied mathematics. So successful was the engineering program that at the present time the University of Waterloo has the largest engineering school in Canada.

Examination of the principles of co-operative education by the faculty of the new school of physical education and recreation at Waterloo, indicated that it was feasible to offer degrees in kinesiology and recreation on the co-op plan. In 1967, the first co-ordinator was hired and began explorations with school boards, agencies, municipal recreation departments and industry to see if such a plan was workable. Coincidentally, thirty-five young men and women enrolled in the first four and two-



thirds years honours degree course in co-operative physical education. Subsequently, over 500 young men and women applied for admission for the 67-68 term, with 115 finally being accepted. As of this date 1160 young men and women have indicated interest in either recreation or physical education at Waterloo on the co-op plan for fall admission.

The features of the co-op plan in terms of the student are as follows:

- (1) An opportunity to study and earn at the same time. Returning students have earned in excess of \$85 per week for the first four-month work term allowing them to assist financially approximately 3/4 of their subsequent four-month academic term.
- (2) A chance to explore (over six work terms) various aspects of a particular field such as teaching, institutional work, municipal work, working with adults, youth, teenagers, etc.
- (3) A chance to examine generally a particular profession with the opportunity to drop out after experiencing both academic and practical exposure.
- (4) Following graduation, the co-operative student will have received the equivalent of two years practical experience which will no doubt be reflected in his starting salary.
- (5) Since over 90% of the graduating co-op students gain full-time employment with a co-operative company or agency, we might impute to the program the fact that the student is able to "shop around" during his undergraduate years to seek out an organization that suits his needs.
- (6) Institutions of higher learning are finding it increasingly difficult to keep their programs geared to the needs of society. A co-operative recreation or physical education student is able to relate immediately his academic training with the realities of community living. Undoubtedly, the curriculum content will relate directly to the needs of the profession. There is little likelihood that time will be wasted studying subjects that have little or no bearing on the profession a student intends to pursue.

The benefits of a co-operative program for a hiring authority are as follows:

- (1) It allows an association to examine four or five candidates before commitment to full-time employment.
- (2) Many positions are temporary in nature, yet because of budget and manpower, organizations often hire full-time people. Co-op students coming every four months allow for variety and it is less expensive than full-time personnel.
- (3) Repeated poor performance on the work term results in the student being asked to withdraw from the university. A built-in performance guarantee is thus associated with students out on their work term assignments.

- (4) Seasonal positions such as track-and-field, crafts, outdoor education, winter sports, summer sports, provincial parks, resort areas; all benefit from students on four-month placements which commence in September, January and May of each year.
- (5) Through student histories and extensive interviewing and placement procedures, the employer is able to save considerable funds by having the university process and arrange for the interviews.
- (6) An employer is able to see a prospective graduate in practical situations before full-time hiring.

For many years now the recognized senior professions, such as law, medicine, nursing, and teaching have seen fit to include a compulsory period of internship before final certification is granted. The nurse in residence, the articling lawyer, the interning doctor, the teachers' college student out on his practice teaching assignment attest to the value of on-the-job training. There are few industrial organizations of any significance who do not offer many months of training before a young man or woman is allowed to step officially into the ranks of the organization.

The program speaks for itself. Over 176 organizations and agencies are already listed as co-operative employers of kinesiology and recreation students with 100% of the two current classes being requested to return for second assignments. Next time you go to the Y or recreation centre, the young man or lady at the desk, or teaching swimming, or cleaning the ice, could be a co-operative student from the University of Waterloo. Students have been placed as far away as Alberta and Manitoba and as close as the university itself.

While the co-op plan is a bit of a trial marriage of sorts, it is also as popular as next year's car models. Ask the man who owns one!

SAULT STE. MARIE - LACROSSE LIVES!

The Sault Ste. Marie Lacrosse Association under the auspices of the Parks and Recreation Department, has revived the national Canadian sport, Lacrosse.

The program involves 50 youngsters 13 to 19 years old, Monday and Thursday evenings at the W. J. McMeeken Centre. The youngsters are supervised by eight volunteer coaches and directed by a teacher of physical and health education.

Enthusiasm is high and the groundwork has been laid. Next year will tell the tale.

Sault Ste. Marie will be hosting a community conference in late October re the use of schools. We have set our sights high, but not out of reach. The outcome should be interesting. More details will follow in the next issue of the Society's Newsletter.

Notes About People:

Mr. Lynton Friedberg, a '68 graduate of the Recreation Course is employed as an assistant in Sault Ste. Marie.

Mr. Peter Lawson, a '68 graduate also, and former playground supervisor, leaves our staff in mid July to assume a full-time position with the Kingston Recreation Department.

Mrs. Sue Bulawka, a '69 student is presently employed as waterfront supervisor.

The Canua Games provided the incentive and our summer program specialist, Mr. Ross Bachert, has taken it from there. The summer playground games are scheduled to begin the week of August 19, 1968.

The purpose of the games is to make instruction and competition available to all playground participants in a good variety of athletic activities; and also to develop a sounding board for possible expansion of the program of athletic events leading to an inter-city, Olympic-type tournament.

The participants are divided into four age groups: 10 and under, 11 and 12 years, 13, 14 and 15 years, and open. Each participant is limited to two events and must compete within his or her own age group (as of July 2, 1968).

The events consist of the following:

High Jump	Horse Shoes
Standing Long Jump	Soccer
Running Long Jump	Volleyball
60 Yard Sprint	Algoma Ringers
100 Yard Sprint	Puck Scotch
220 Yard Sprint	Footsie Race
Slow Pitch Softball	

Official rules and regulations will be used for all events. A point system will determine the winners. For further information, please write to our department.

MISSISSAUGA

The Town of Mississauga has two new staff positions open, and we are looking for qualified recreation personnel to fill them.

- (1) A Supervisor of Area Programs is being sought to work with community groups to develop a recreation program in a specific geographic area of the Town.

2. A Supervisor of Youth Programs will also be hired to develop and co-ordinate various Youth activities in Mississauga.

The salary range for both positions is \$7, 150 to \$8, 220 and applications should be forwarded to:

Mr. S.L. Francis,
Town of Mississauga,
Personnel Office,
Mississauga, Ontario.

SMOOTH ROCK FALLS - Fred McLennan

Progress is the keynote here in Smooth Rock Falls. The Recreation Department now has increased use of all school facilities and equipment.

A second children's softball diamond has been built and Smooth Rock Falls will be hosting both the "atom" and "squirt" tournaments for the Northland Fastball Association.

Our swimming pool has a staff of six, a new water heater for showers and three infra-red heaters for the pool building.

Work has begun on a golf course. The Silver Links Golf Club has acquired 68 acres of land to be developed over a three year period. Local citizens, Trans-Canada Pipe Lines, and the Abitibi Paper Company are working on this project together.

OTTAWA COLLEGIATE INSTITUTE BOARD - Norman Osborne

We are delighted to welcome Bruce Riley to our staff. Bruce is a recent graduate from Centennial College and has accepted the sizable job of co-ordinating our recreation program at the Fisher Park High School.

Negotiations have been completed between the Municipal Recreation and Parks Department and the Ottawa Collegiate Institute Board to develop three more high-school play areas into community playgrounds.

Jim Doerr, Community School Supervisor for the High School of Commerce, has not only evening programs to maintain, but also a recreation program to develop for residents in the Rochester Heights area. Jim has become a valuable member of our staff and has already made his presence felt in the community, with our other co-ordinators and with the municipality.

Our thanks to those members who have kindly sent along their brochures and other items of interest. Oscar Wilde once said that imitation was the finest form of flattery. Well, we aren't proud and we have copied one or two ideas gleaned from other members. We've also noticed that one or two municipalities are finally following Ottawas' lead in hiring full-time staff to work in the schools.

The 100,000 "hippies" forecast to invade the Ottawa scene have failed so far to materialize. Nevertheless Mayor Reid has a full-time committee working on potential solutions in case the need arises.

Definite plans are in progress for the development of a combined recreation complex in the Lower Town area. Involved are the Ottawa Collegiate Institute Board, the Municipal Recreation and Parks Department, the Social Planning Council of Ottawa and District, and the only agency presently serving local needs, Patro St. Vincent.

There'll be a few chuckles at this one I'm sure, but have you thought about dog obedience training for your residents? We became aware of this as a need last fall and have just completed two courses. Both completely filled and very satisfactorily concluded.

Best wishes for a happy summer and don't forget, recreation is for everyone. That includes you.

CENTENNIAL COLLEGE, SCARBOROUGH - Don McLaren

Most of the 78 first-year students have secured summer jobs. They are required to work for eight weeks or 300 hours in some kind of recreation activity. The situation must be approved by the field work supervisor of the College, who visits them to ascertain the quality of their work and to obtain the report of the local supervisor. A rating chart is submitted upon the completion of their summer work both by their supervisor and by themselves.

BRAMPTON - David Smith

As you may know by now, there have been a number of changes in the staff in Brampton.

Dale Malpass has left to accept a position as assistant to the Personnel Director at the Capital Record Company. Mr. Doug Collison, formerly with Homewood Sanatorium, has been appointed as Program Director and commences his duties on May 21.

Dave Smith left Brampton on June 28 and commences his new job as Commissioner of Parks and Recreation in Port Arthur on July 2. Mr. Don Wadlow from East York has been appointed as Director in Brampton and commences his duties August 6.

PORT ARTHUR - David Smith

Port Arthur has recently hired a new Commissioner of Parks and Recreation. I arrived to take my new position on July 2nd and I am looking forward to having my family with me soon.

For those of you who have not been to this part of the country, why not plan to come this summer. It's a tremendous spot for a holiday. Thowbridge Falls Camp Grounds, with over 200 sites, and Centennial Park with its famous bush camp, and Boulevard Lake, comprise over 1500 acres of parkland.

There is great potential for expansion of facilities and program in this municipality.

EAST YORK

Lots of changes here! Bob Davidson, Director of Recreation, has taken over duties of conducting the new Recreation Course at Humber College and Don Wadlow has assumed his duties as Director of Recreation in Brampton. Several new appointments have been made and our staff now is as follows: Commissioner, Stan Wadlow; Director, Ernie Heyes; Assistant, Don Oitment; Supervisor, Pat Artkins; Program Assistants, Chris Eades and Jim McMeekin. We wish Don and Bob every success and welcome our new staff members.

DUNDAS - Frank Westoby

The summer program has been enlarged with more playgrounds, then ever, and a new boys' sports program. The Kinsmen Club have opened a new park with two ball diamonds and a special playground area for small children, which our department will administer.

A new staff member has been added in the person of Miss Jeannette Wilson, so Assistant Director Al Cutler will have no trouble getting reports and correspondence done. One main trouble now is office space. We will have to build a new arena or another office soon.

Speaking of arenas, the teen-agers are turning out in large numbers for roller skating and I understand that the Windsor Recreation Department are also skating huge crowds.

PORT COLBORNE - Robert Sones

Those who were at the O. M. R. A. Conference in Niagara Falls will remember the Recreation Youth Band. Our Sunday night concerts have far exceeded past concerts in quality and attendance. Music appreciation is taking a major hold in the city and we have Junior, Intermediate and Concert Bands, all of which comprise musicians under 20 years of age.

PICTON - J. Walyne Ring

This year our Sports Leader John Hardon has organized three new programs, Junior and Senior Lacrosse and Senior Track-and-Field Club.

The Recreation, Parks and Community Centres Board, along with the Picton Business Men's Committee of the Prince Edward Chamber of Commerce are organizing the annual Loyalist Days for this summer. It will be held August 12 to August 17th in Picton and will include such programs as a "donkey" baseball game, Dancing nightly, soap-box-Derby, and 24 different contests and events.

THE EAST CENTRAL ONTARIO PLAYGROUND LEADERSHIP TRAINING COURSE was held during the week of June 23rd to 28th at the Salvation Army Camp at Ameliasburg. The Camp proved to be much better training area than Camp Quin-Mo-Lac at Madoc, even though it rained $3\frac{1}{2}$ days out of 5. We had 97 playground leaders, 9 day camp and 10 staff people in attendance.

OWEN SOUND - J. R. Gillespie

After a presentation of skits to the parents of the children attending the supervised playground, the children are having a sleepout at Harrison Park.

This year's day camp theme is "Indian lore". Each session will conclude with a parents' night where the campers will present an Indian ceremony. The climax of this evening will also be a sleepout.

The highlight of the year's swimming season will be a water safety demonstration by the Harrison Park pool staff. Safety first, mouth-to-mouth artificial respiration, boating precautions, water ballet and speed swimming will be among the events included in the demonstration.

GALT - Mike Dymond

As in most communities we are well into summer playground and pool programs and, if the warm weather continues, it should prove to be a record summer for swimming pools.

Many recreation departments have had success with summer children's drama courses. We are running such a course for a seven week period and will be closing with a production of "A Mid-Summer Night's Dream" with the assistance of the Stratford Theatre who will provide props and costumes.

The summer figure skating school is well under way with a full registration. This will be followed by our second annual hockey school directed by Dean Prentice of the Detroit Red Wings. Dean will be assisted by Darryl Edestrand of the St. Louis Blues.

With the fall season fast approaching, preparations for our seventh annual antique show and sale are now under way.

HAMILTON

Ed Beattie, a 1968 graduate of Centennial College, has joined the Hamilton staff as program organizer at the Westmount Recreation Centre.

Great emphasis is being placed on teen programs this summer. District Recreation centres will offer "drop-in" programs and a variety of special events for teens only. Dalewood Recreation is experimenting with a "P-E-S-T" program (Part-time employment in summer for teens). A teen council is administering the program and assigning work projects as requested by the residents.

An architect has now been appointed to draw plans for Hamilton's sixth school-recreation complex. We hope that this facility will be in operation next year.

PETERBOROUGH - K. W. Robinson

By resolution of City Council both the Recreation Committee and the Board of Park Management have been instructed to prepare briefs concerning the consideration of the amalgamation of the recreation and parks functions. It is expected both bodies will outline their objective views following which City Council will presumably make a decision as to whether a greater service would be offered to the citizens of the city by amalgamating or combining these functions.

